

The Doran Shake.

The Doran Shake is a recipe beloved by Kel Dor travelers from across the Galaxy. Due to its list of ingredients coming from so many varying locations this can be a costly recipe to make for just a small portion.

This recipe combines to make 2 servings.

Ingredients:

- Two meiloorun fruit
- $\frac{3}{4}$ Litre of liquid helium
- One quart of Hoth Snow
- Four Rodian protein pellets
- 250 mL of Bantha milk

Preparation

1. Split the meiloorun fruits in half and remove the outer rind.
2. Combine all ingredients in a high powered food processor, blender or frozen beverage mixer.
3. Mix on high for about one minute or until the ingredients have for a smooth and creamy texture.
4. Serve immediately and as cold as possible.

Notes:

While this is a Kel Dor favourite, its consumption in high quantities can be catastrophic on a Kel Dor's system. Much of the shake contains oxygen rich ingredients that when ingested in relatively small quantities will give one an almost drunk feeling. In larger quantities the beverage can poison the Kel Dor drinking it and leave them with lasting problems.